

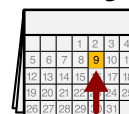


Staple next appointment
card here

FOLLOW - UP CARE



Thank you for visiting the dentist today.



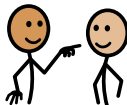
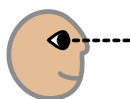
See

you

next

time

!



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Print and laminate these morning and evening oral health cue cards to remind users of the steps in good oral hygiene. Users can: cut apart the cards, leave attached, attach to a mirror or leave near the sink.

Brush 		Choose 	Choose 
 Toothpaste on brush	 Brush side teeth	Eat fruits and vegetables 	Drink water every day 
 Brush back teeth	 Rinse mouth	Good choices keep teeth healthy! 	Good choices keep teeth healthy! 
 Brush front teeth	 Finished!		

Brush 		Floss 	Remember 
 Toothpaste on brush	 Brush side teeth	 Floss top teeth	Visit the dentist! 
 Brush back teeth	 Rinse mouth	 Floss bottom teeth	Tell someone if your teeth hurt. 
 Brush front teeth	 Finished!	 Finished!	