

KEEN is a nonprofit, 501 (c)(3) volunteer organization



KEEN (Kids Enjoy Exercise Now) is a non-profit volunteer organization that provides FREE sports and recreational activities to children with disabilities. At each KEEN session, a participating athlete (child) is paired with a coach (volunteer) for a variety of age-appropriate recreational activities. No experience necessary to volunteer – just a desire to help others!



KEEN programs are open, unstructured and flexible. With the help of volunteer coaches, KEEN athletes can participate in a variety of non-competitive activities, including soccer, basketball, swimming, bowling, gymnastics and various other adaptive activities.



KEEN Festival Field Day Sunday September 13th

11:00 am – 12:30 pm

Athletes: Please arrive between 10:45 am – 11:00 am

KEEN Field Day will be held at the **Elysian Park Therapeutic Recreation Center**, 929 Academy Road, Los Angeles, 90012. New athletes are welcome to attend. Please contact Leah Weiner, Executive Director of KEEN LA at 213-892-2935 or email info@keenlosangeles.org. **Athletes should arrive between 10:45 am – 11:00 am for registration!** Last day to register for this event is **September 5th** – please go to our website www.keenlosangeles.org for additional information.

E-mail info@keenlosangeles.org or call 213- 892-2935